



READING RUGBY FOOTBALL CLUB

TRAINING TIMES

Season 2026 / 27

TEAM	DAY	TIME
MINIS		
Under 6	SUN	9.00 - 10.00am
Under 7	SUN	9.00 - 10.15am
Under 8	SUN	9.00 - 10.15am
Under 9	SUN	9.00 - 10.15am
Under 10	SUN	9.00 - 10.15am
Under 11	SUN	9.00 - 10.15am
Under 12	SUN	9.00 - 10.15am
JUNIOR BOYS		
Under 13	TUE	6.00 - 7.30pm
Under 14	THU	6.00 - 7.30pm
Under 15	THU	6.00 - 7.30pm
Under 16	TUE	6.00 - 7.30pm
Colts	TUE	6.00 - 7.30pm
JUNIOR GIRLS		
Under 12	WED	6.00 - 7.30pm
Under 14	WED	6.00 - 7.30pm
Under 16	WED	6.00 - 7.30pm
Under 18	WED	6.00 - 7.30pm
SENIORS		
Senior Men	TUE	7.30 - 9.00pm
	THU	7.30 - 9.00pm
Senior Women	WED	7.00 - 9.00pm
Vets (Rhinos)	THU	7.30 - 8.30pm
WALKING RUGBY AND MIXED ABILITY		
Walking Rugby	TUE	10.15 - 11.45am
	WED	7.30 - 8.30pm
	SUN	11.00am - 12.00pm
Berkshire Brigands	THU	6.00 - 7.30pm
	SAT	11.00am - 12.00pm

All training takes place at Holme Park. Times are subject to change, check with your coach or the club calendar for the latest.

[readingrfc.org](https://www.readingrfc.org)

Reading Rugby Football Club · Est. 1898 · Holme Park Farm Lane, Sonning, Reading RG4 6ST